

Redresse-dos PK-1

Système high-tech conçu pour rappeler la posture dorsale. Redresse-dos avec réglage sensible et facile devant.



Marque : goural

Référence : PK-1

Prix : 129.90 €

Options disponibles :

Taille : XSmall, Small, Medium, Large, XLarge, 2XLarge

Version : Femme, Homme

Couleurs : Blanc, Noir

Critères associés :

Comment essayer : Exclusivité internet goural.fr, Centre d'essais goural Poupas (82) près de Montauban/Toulouse

Localisation : Dos

Indications médicales : Attitude cyphosique

Profil : Femme, Homme

Ouverture : Ouverture totale, Zip

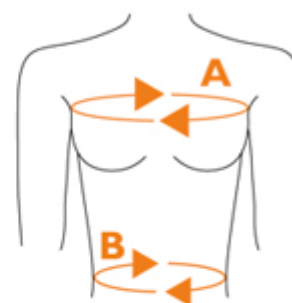
Mode d'action : Maintien, Proprioception

Effet thérapeutique : Correction, Prévention primaire, Antalgie

Mesures et tailles

DONNA

		CIRCONFERENZA TORACE (CM) - CHEST																									
		74	76	78	80	82	84	86	88	90	92	94	96	98	100	102	104	106	108	110	112	115					
CIRCONFERENZA VITA (CM) - WAIST	60	XS/0																									
	62																										
	64																										
	66																										
	68	S/1																									
	70																										
	72																										
	74																										
	76	M/2																									
	78																										
	80																										
	82																										
	84	L/3																									
	86																										
	88																										
	90																										
	92	XL/4																									
94																											
96																											
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100	XXL/5																										
102																											
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106																											
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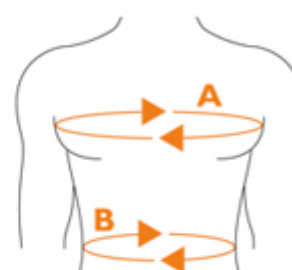


A) Circonferenza torace sotto le ascelle (esclusi i seni) in cm

B) Circonferenza vita in cm

UOMO

		CIRCONFERENZA TORACE (CM) - CHEST																			
		84	86	88	90	92	94	96	98	100	102	104	106	108	110	112	114	116	118	120	
CIRCONFERENZA VITA (CM) - WAIST	70	S/1																			
	72																				
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	76																				
	78	M/2																			
	80																				
	82																				
	84																				
	86	L/3																			
	88																				
	90																				
	92																				
	94	XL/4																			
	96																				
	98																				
	100																				
	102	XXL/5																			
	104																				
	106																				
	108																				
	110	3XL/6																			
	112																				
	114																				
	116																				
	118																				
	120																				



A) Circonferenza torace sotto le ascelle in cm

B) Circonferenza vita in cm

Redresse-dos PK-1

Men's and women's versions available

Blanc uniquement pour le modèle femme.





B.A.C.K. (Back Active Correction Keeper)® patented device to adjust the retractive tension of the shoulders and thoracic spinal extension, consisting of:

- strap system anchored at four points (shoulders and trunk)
- adjustable-tension straps with Velcro fasteners in front
- buckles under shoulder-blades, self-orienting depending on adjustment of straps



- Velour inserts to anchor adjustable straps
- Sleeveless vest of supportive stretch fabric: breathable, comfortable, wash & wear (non-crease)
- Zip-fastening makes the garment easier to put on and take off, and provides structural reinforcement

Edging in non-slip silicone



Anatomically shaped velour inserts to concentrate retractive tension

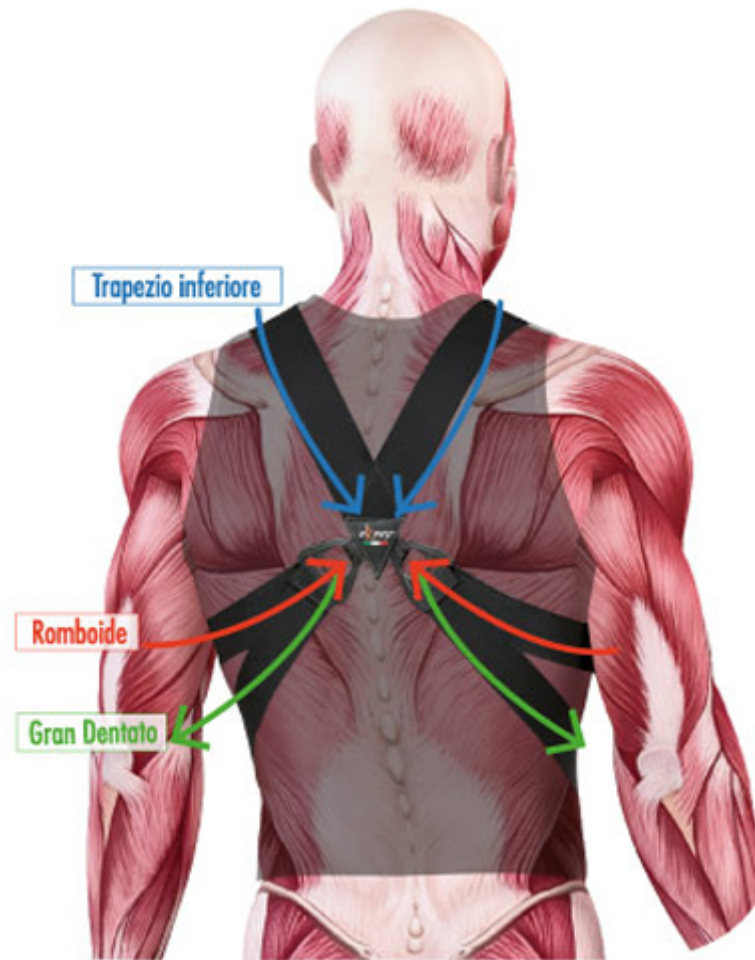


Biomechanical mechanism

Using the B.A.C.K. (Back Active Correction Keeper)[®] patented system, K1 generates forces applied at particular points, mimicking the action of the muscles of the trunk extensors.

K1 restores correct posture by acting dynamically on the back, in accordance with the principle of balance between forces acting on the body.

K1 counteracts the action of the flexor muscles of the trunk .
(lower trapezius, Rhomboid, Serratus anterior)



The spine presents three physiological curves (cervical lordosis, dorsal kyphosis, lumbar lordosis). These spinal curves are crucial to answer effectively to everyday life's requests: flexion, extension, inclination, rotation, jump, loading weights.

Hyperkyphosis refers to an excessive curvature of the dorsal kyphosis that can be classified into two categories: structural kyphosis, due to a congenital vertebral malformation or Scheuermann's disease, and postural kyphosis, if the increased curve of the spine is related to bad posture.

In the case of postural kyphosis, the use of the brace K1 Posture Keeper® can be useful to restore the correct posture because it induces a dorsal dynamic call, through the reinforcement of the extensor muscles of the trunk and the activation of a neurological response.

The K1 POSTURE KEEPER® acts on the dorsal dynamic and is recommended for:

- posture correction and stabilisation
- painful postural syndrome
- curved back or hyperkyphosis
- juvenile kyphosis
- non-neurological scapulothoracic dyskinesia

Indications médicales

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Indications :

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Indications

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posture correction and stabilisation painful postural syndrome curved back or hyperkyphosis juvenile kyphosis non-neurological scapulothoracic dyskinesia

Contraindications
Pathologies of the spine that require the use of fixed corrective devices.

Patients who suffer from claustrophobia, anxiety attacks or allergies to any of the product's textile components.

Features

B.A.C.K (Back Active Correction Keeper)[®] patented device to adjust the retractive tension of the shoulders and thoracic spinal extension, consisting of:

Strap system anchored at four points (shoulders and trunk); Adjustable-tension straps with Velcro fasteners in front; Buckles under shoulder-blades, self-orienting depending on adjustment of straps.

Sleeveless vest of supportive stretch fabric: breathable, comfortable, wash & wear (non-crease).

Zip-fastening makes the garment easier to put on and take off, and provides structural reinforcement.

Edging in non-slip silicone.

Anatomically shaped velour inserts to concentrate retractive tension.

Velour inserts to anchor adjustable straps.

Composition of fabric

Vest: 75% polyamide, 25% elasthan.

Braces: 59% polyurethane, 30% polyamide, 11% elasthan.

Instructions for Use

For correct adjustment and to properly understand how to position the brace, please read the instructions or look at the video.

Getting started with the PK-1:

Wearing the PK-1 :

The PK-1 is worn like a normal zipped vest, in direct contact with the skin and tight beneath the buttocks.

Adjusting the PK-1:

Tighten the adjustable straps until the desired retractive and extension effects are obtained.

Secure the ends of the straps to the corresponding velour areas on the front. Removing the PK-1 :

Remove the straps from the velour on the front.

Unfasten the zipper and remove the vest. Directions

Day 1: 1 hour

Day 2: 2 hours

Day 3: 4 hours

Day 4: 6 hours

Day 5: 8 hours

Not to exceed 8-10 hours a day

Washing instructions

Hand wash in water at 30° C with neutral soap or detergent. Rinse well. Dry flat. Do not iron.

[Lien vers la fiche du produit](#)